



Presents

## **Making Effective Cannabis Oil**

**Starting Right - Organic Production**

**Mixing Strains to Increase Cannabinoid  
Profiles**

**Safe, Full Extraction**

**Dosing**

**Traditional Methods of Application**

**Water Solubility and Bio-Availability -**

**The Cannabis Budwig Protocol**

**Avoiding Anxiety and Panic**

**Current Studies by SGG**

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[www.gro4me.com](http://www.gro4me.com)

## Welcome to Oregon

Why **MOVE** to Colorado when you can simply just **VISIT** us in Oregon?

Are you looking for the best Organic Cannabis Oils to treat Cancer or Seizures?

Trying to find the best strains and right treatment and dosage?

Looking for someone who has the experience, knowledge and proper medicine to help guide you?

Before making that life changing decision to uproot and move to Colorado consider visiting us in Happy Valley, Oregon. You don't have to move or live here to become an Oregon Medical Marijuana Patient. In fact, you can TAKE YOUR MEDICINE HOME. That's right, you can fly into Portland, Oregon, see our doctors to get your card, drive over to our office in Happy Valley where we will design a treatment and supply you with your medicine, and fly home all in a single day!

It really is that easy and there are a lot more reasons you need to meet us:

- Convenient
- Thorough
- Proven
- Lowest Cost
- Highest Quality
- Organic
- Effective
- We are pioneers in the Cannabis Industry with over 45 years of experience.
- We focus on research and development of medical strains.
- We are 100% Organic; from our production through extraction we only use fully organic methods and products.
- We only use our strains.
- Our strains are the strongest on EARTH and created exclusively for medical use.
- We are considered one of the top breeders in the world and Internationally recognized as well as appear in many references and publications.
- We create the strains, grow them and produce the extract.

### **COST**

OK, all that aside we provide our extract oils at cost so you can afford them. To get an mmj license in Oregon you must assign an Oregon resident as your grower. We use our patients' numbers to produce medicine for patients. Your medicine will be grown under strict regulation and in the name of the previous patient. Then your actual count will go to the next patient. This allows us to have medicine ready and waiting for you when you get here and keeps the cost low.

**Fast**

It can take up to 4 months to grow plants to maturity even if you can. Here there is no waiting to grow your plants because we are already in production with our previous patients who got their medicine from a previous patients' allowance of plants. And, there is no waiting to process the plants into oil. Your treatment plan and medicine will be ready when you get here.

**Effective**

The results are fast. We have seen results in hours and days, not months and years. When you're dealing with aggressive disease, you need immediate results. Cannabis works in unison with your existing treatments with no known side effects or adverse reactions. In fact, cannabis has been used for centuries by drug companies to mix with other medications for its delivery values. At minimum cannabis will improve your comfort and pain levels and allow your body to help to heal itself.

**\*Anyone can get an Oregon Medical Marijuana Card Regardless of What State You Live In!**

If you have a legitimate qualifying condition under the Oregon Medical Marijuana Program you can become an Oregon patient card holder regardless of what state you live in.

To become an Oregon patient all you need is a qualifying condition and a signed application through one of our clinics. You must also assign an Oregon resident as your grower This will be one of our growers. You do not need to be an Oregon resident yourself. You must have photo ID that includes your birth date or SS number.

We recommend Portland Alternative or THCF as the clinic and doctor to use. They can help you with the process. Please feel free to call them and let them know we sent you

**Portland Alternative Clinic, Inc.**

816 NW Hoyt Street Portland, OR 97209  
Phone: (503) 477-5643 Fax: 503-200-1147  
Email: [staff@portlandalternativeclinic.com](mailto:staff@portlandalternativeclinic.com)  
[www.portlandalternativeclinic.com](http://www.portlandalternativeclinic.com)

**THCF Portland Clinic**

105 SE 18th Ave.  
Portland, Oregon 97214  
OR (503)281-5100  
Fax(503)235-0120  
<http://thc-foundation.com/oregon/>

If you need a grower you can assign us as the grower. We would be happy to use your numbers for our development work here in Oregon. Just give us a call at 503-788-2349 and we can get you the details for your form.

**All of this can be accomplished in a single day.** First pre-arrange the appointments and fax your info to the clinic. Fly in and see the Doctor. Sign and submit your forms. The cost is usually \$250 for the State and \$175 for the Clinic (plus the cost of airfare and expenses). Now you are ready to visit with us and enjoy our genetics first hand. You can be back at the airport and on your way home the same day.

We do encourage you to take some extra time to view our area and culture.

Call Today at 503-788-2349



# Exclusive Organic Cannabis Whole Plant Oil Extract

## What Makes Our Oil

### Whole Plant Extract

Whole Plant Extract refers to the number of compounds removed from the plant rather than what part of the plant is used in the process. Although we use the entire plant without the stalks, our extraction process removes all of the compounds and components of the plant. You can visually see the difference in a whole plant extract by its dark and seemingly black color.

Oils that are gold or light brown to grey are not whole plant extracts. This type of processing only removes certain compounds leaving many behind. Sometimes the public is told this is a "Pharmaceutical grade" however this type of oil is lacking in compounds that may be very beneficial.

We extract over 400 known compounds from the plant, and possibly many unknown compounds. Our philosophy is that until science can demonstrate what compounds we need to actually look at and what compounds react with and in combination with other compounds, we need them all to be included in the medicine we make. We strive to enhance and broaden the cannabinoid profiles to the widest spectrum possible.

### Food Grade

We use 190 proof whole grain alcohol distilled and bottled under USDA food grade standards and inspections. This is right out of our State liquor stores and meant for human consumption. The doctors, health care workers and patients can be assured that there is no chemicals or solvents used in the process and that the product is safe for consumption. Use of solvents can leave traces of chemicals and cancer causing carcinogens, as well as cause severe side effects such as diarrhea and reactions. Beware of any BHO, Butane, Isopropyl Alcohol, and XXX processing.

### Full Distillation Processing

We use an isomerization process controlling exact temperatures of 190 degrees f for a 3 hour process. The product is then screened and 5 micron filtered to remove any plant and foreign materials. From there the alcohol is distilled and removed from the oil and packaged hot right from the distiller.

### Organic Certified Farm Product - No Pesticides or Chemicals

Since the process we use removes all of the compounds it is important that we ensure the raw product contains no chemicals or pesticides. We use only our own exclusively grown 100% certified organic

based materials. All of our associate farmers have been trained through Portlandsterdam University and are continually inspected for Stoney Girl Gardens Organic Certification for Authorized Gardens.

Organics is not something that can be tested for. Instead it is up to the farmer to commit to an organic method as certified by us. We appreciate the commitment and extra work it takes them to make this produce. Thank you for participating in the farm to table Stony Girl Gardens Organic Certification program.

### **Mixed Strains**

Indica or Sativa, which do we use?

Stoney Girl Gardens Exclusive Strains were used to base the M-Scale rating guide. This is a guide for classifying and clarifying cannabis use for medicinal conditions. On this guide is a scale that runs from 1 to 9. 1 represents a “morning tea” and 9 represents an “evening tea”. These are the effects observed by patients who inhale or smoke cannabis.

Oil may be used orally, topically or even in suppositories. When cannabis is applied under these conditions the effects will not be the same. In our initial testing we made oil from each of our strains, including the 1 and 9 (opposite ends of the scale). Our results were not as expected. Instead of a morning or evening effect we had a localized effect. Some patients only felt certain conditions or areas being affected. A few patients only had relief from the waist down or vice versa.

There is a difference of affect between indica and sativa and also between strains. Oils made from a single strain may cause drowsiness or anxiety and paranoia. Times of harvest, growing techniques, strains and processing all play a part in the type of affects you will have.

Because of this information we include as many different strains as possible. This allows for a more uniform and broadened, balanced effect. It also coincides with our theory that we need as many cannabinoid profiles included in our medicine as possible.

### **Exclusive SGG Strain Pool**

We use only our exclusive line of strains that we have developed for medical conditions over the last 14 years. These strains have set the records around the world for quantitative compounds such as THC and CBD. In fact lab testing shows our exclusive strains to produce over 300 percent stronger compounds than any other that has been tested. We have over 14 years of research and development to offer with over 10 years of ongoing projects yet to complete. It only takes one experience to know the difference.

To learn more about us go to

[www.gro4me.com](http://www.gro4me.com)

## **Our Philosophy on THC, CBD, the Science and application of Medical Cannabis**

Stoney Girl Gardens has long been considered controversial in the industry due to our independent approach to looking for and providing sustainable solutions. For many years now we have been asking important questions, some that cannot yet be answered. Once in a while we do find results. We share the information and conclusions of our work with everyone. This is our obligation.

We have long been pioneers of creating some incredible varieties far ahead of their time. We also have been working to classify and clarify our medicine. We breed for conditioning targets such as headaches or backaches. This brings us to this writing.

For many years we have been wondering what makes Pit Bull get rid of a migraine headache? Similarly what makes Cripit remove pain from the back? What makes Black Moon create hunger frenzy so bad you will eat the refrigerator door? What makes this clock tick? What cannabinoid profiles do we need to cure cancer, ms, pain, and seizures? What compounds are reacting with other compounds behind the scene to produce the results we are getting in curing cancer? These are unanswered questions

Our philosophy is that there is not enough credible science. If we knew these answers then as breeders we could breed by science and it would simply be mathematics to create a strain to let's say get rid of your toe ache. Until science can demonstrate what compounds we need to actually look at and what compounds react with and in combination with other compounds, we need them all to be included in the medicine we make. We strive to enhance and broaden the cannabinoid profiles to the widest spectrum possible.

On what do we base our philosophy? Our experience. We have long been tested by most of the leading labs in the mmj industry. Testing is something we admonish and require. What we are testing for is yet to be clear. As an example we submit a controlled test to any new lab we work with. We do this with the full intention of promoting science.

To begin with we submit two samples, sample a and sample b. We already know in advance what the testing results will be. This is a controlled test sample we use to both quantify differences between labs and for demonstration to the lab of the lack of science. The results are always the same within the same lab. They can vary lab to lab due to the lack of a baseline with which to test, methodology and equipment used. This is another story.

When both samples are tested the results are exactly the same. In fact even extended lab results may be overlaid with no difference between them. Often the lab thinks we submitted two samples of the same product. We then inform them that the samples each originate from separate continents of the world, have no like traits, and have completely differing effects: Sample A will only last about 15 minutes but

make you eat the refrigerator door; Sample B will knock you out for a good 8 hours. We then ask if the Lab can identify which sample does what from the tests they perform. We hope to challenge the labs to take a more in-depth look at what they are testing for.

We have the USDA S finest scientists this same question and they assure us that they could tell us the answer in milliseconds and for a hundredth of a cent if they were just allowed to do the work. in fact they are banned from such studies under the Schedule 1 classification.

Until science can tell us what cannabinoids are doing; what interacts with what to make something happen such as curing cancer, we will not start separating compounds. Instead we strive to build the largest cannabinoid profile we can to cure what ails you.

Most patients have multiple conditions. Although we may be targeting a single priority condition such as a tumor there may be many more ailments or conditions the patient may be suffering from, but not as concerned with. Expanding the cannabinoid profile allows the medicine to work simultaneously on multiple conditions as needed. A more broadened, holistic approach is an advantage to treatment. One version of extract oil can treat multiple conditions as long as the oil is extracted from a wide variety of premium medical cannabis.

# ***Dosing Information***

## **Important Dosage Instructions**

and

## **Treatment Information**

Stoney Girl Gardens is leading the industry with research and development of strains, proper cannabis oil dosages, treatments and applications. If you are a new user please consult the information below for the most effective method of treatment.

Oral Treatment is divided into two areas; Maintenance and Full Immersion.

A maintenance dose is usually no more than 1/20th of a gram (50mg) of cannabis oil daily. This is considered a low dose and has little to no psychoactive affects. A 1/20th dose will effectively control seizures, chomes, MS, Lupus, Alzheimer's, Parkinson's, Autism, Chronic Pain, Migraines, Nausea, Cramps and many more conditions. Low doses have also been effective in curing Breast Cancer. We have been able to control seizures in small children with just 1/60th of a gram, however we recommend 1/20th of a gram dose for most children. This low dose has little to no psychoactive affects.

A Full Immersion treatment is recommended for those with stage 4 or aggressive cancers and tumors. A full immersion treatment requires higher doses, up to 1 gram daily for a period of 60 to 90 days.

The oil begins working immediately. You will see the affects in days and weeks, not weeks and months. We have seen the effects on the destruction of tumors begin in literally hours.

It is important to remember that you should apply the oil treatment as close to the tumor or condition to be treated as possible. If the tumor is a surface tumor, then you should apply the oil directly to the skin. If you are dealing with carcinoma or melanoma then you should apply it directly to the area affected.

**Carcinoma, Melanoma, Spider Bite, Surface pain, Surface Tumor: Apply oil directly to affected area.**

**Internal Tumor, Cancer, Leukemia, Eating Disorders, Sleeping: Apply Orally**

**Liver Cancer, Colon Cancer, Vaginal Cancer and Tumors: Suppository**

**Cannabis Budwig Protocol - Make your oil 100 times stronger, faster and more effective.**

**Recommended for aggressive, late stage or cases where regular treatment is not working**

**General Uses:**

**Topical:** For topical applications the oil can be used as is or it can be mixed into lotions and oils. Mix 1 gram for every 16 ounces of lotion or oil.

**Cooking:** When cooking add a measured amount into your existing recipe. It is easily measured for predictable and consistent dosing. 10 doses per gram. 1 gram for 10 expected portions.

**Elixirs:** The oil can be re-hydrated into any alcohol solution to be used as a tincture. Glycerin and fine oils such as grape seed oil can be used to dilute the Whole Plant Extract Oil for oral administration. Flavors may be added.

**Preparing the Cannabis Oil (Dilution for Dosing)**

Follow the Ratio Chart below. It is always best to start with a low dose and work up to a higher dose. To make a 20:1 you will add 20 parts coconut oil to one part cannabis oil. Note the Units/Gram shows the number of doses per gram of cannabis extract. A 20:1 ratio will make 21 doses.

**Recommended Dosage Chart**

Ratio Flax:Cannabis	Dosage/Gram ML/MG	Units/Gram Doses/Gram
120:1	6.25	121
60:01	12.5	61
40:01	25	41
20:01	50	21
10:01	100	11
5:01	200	6
1:01	500	2
0:00	1000	1

**Recommendations for Beginners**

This oil is highly concentrated and may require dilution to allow you to build up tolerance and become accustomed to the effects. If you have never used cannabis products you should follow the following recommendations. Severe overdose may occur if too much oil is consumed. Overdose is **not** harmful however very uncomfortable with a feeling of sea sickness which will dissipate within a few hours. To avoid this follow the dilution recommendations below.

It is recommended that a low dose of 1/20 of a gram be administered as a start. If your wanting to work up to 1 gram per day you will need to build a resistance first.

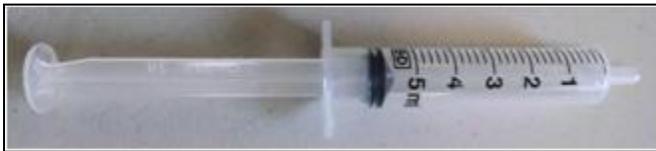
## Finding Your Tolerance Level

Every individual is different and has a differing level of tolerance. Tolerance level is the amount of oil you can tolerate comfortably. Your tolerance level will build as you use the oil. In other words, you will be able to take more oil without feeling the effects after a few days or weeks.

To find your tolerance level take one capsule of a 20:1 dose and wait 2 hours. If you don't feel anything then go ahead and take another capsule, then wait another 2 hours. Repeat this process until you start feeling affects then STOP. Count the number of capsules you took that day. This will help you in finding the correct maximum dosage you should start with. If you take more than 2 in a day then you can increase your dosage mix instructions to the 10:1 or 1/10 gram capsules.

Some people can only take one capsule in a day, others can take as many as 12.

1 ML = 1 CC = 1 Gram NO CONVERSION!



5 ml or 5 gram syringe shown

Use 1/20<sup>th</sup> gram of Cannabis Oil To Start – since measuring a small amount of cannabis oil is difficult we recommend mixing Coconut Oil with the cannabis oil at a rate of 20 to 1. This will allow you to measure one gram of coconut oil/cannabis oil mix into a gel capsule for easy administration. A double '00' capsule holds approximately one gram of mix.



Start by getting some Organic Coconut Oil that is refined and expeller pressed. You will find this in the Health Food section of your local market. Coconut oil will assist the cannabis oil in metabolizing in your body and assists in a faster onset of relief.



Using an Oral Syringe, measure 20 ml or grams of Coconut Oil into a container. A 10 ml syringe works great, filling the syringe 2 times with coconut oil. Add ONE gram or ml of Cannabis Extract Oil.

Shown here is the work area with 2-10cc syringes (one filled with coconut oil), 1-1cc syringe of cannabis oil, a mixing jar with oils already measured, a bowl of '00' 1 gram capsules, and a bowl of coconut oil that has been warmed (in background).





Cannabis and Coconut Oils cold in mixing jar before heating. There is 20 grams of coconut oil and one gram of cannabis oil.



Lightly warm the mixture by placing the container of mix in a pan of hot water. Stir mixture while warm. We use a small 4 oz jar with a lid. This keeps the water out of the mixture and

allows us to shake the jar to mix the contents well. The cannabis oil will bond to the coconut oil. Below is a photo of the properly heated mixture.



Fill a clean oral syringe with this mixture while it is still warm. You now have a mixture that is 1:20 ratio. Fill the one gram "00" capsules while still warm. Caps will store for months.



Photo above shows 2 - 10 gram syringes filled with a 20:1 mixture ready for caps

Photo below shows caps being filled. .



## Increasing the Dose

Increase dosages as possible and as needed by making a mixture of 1:10 and then following dosages after that of 1:5 and then later working up to taking the oil straight without being mixed. Increase dosage as possible up to one gram of pure oil per day. We recommend one half gram in the morning and one half gram 2 hours before bed time. It may take several weeks to up your dosage and it's ok to push but maintain a comfort level.

Oil may be taken in the evening for those that work during the day. Taking a dose at 7pm will allow the oil to become affective and work during the hours of sleep, allowing you to wake up and go to work and operate machinery.

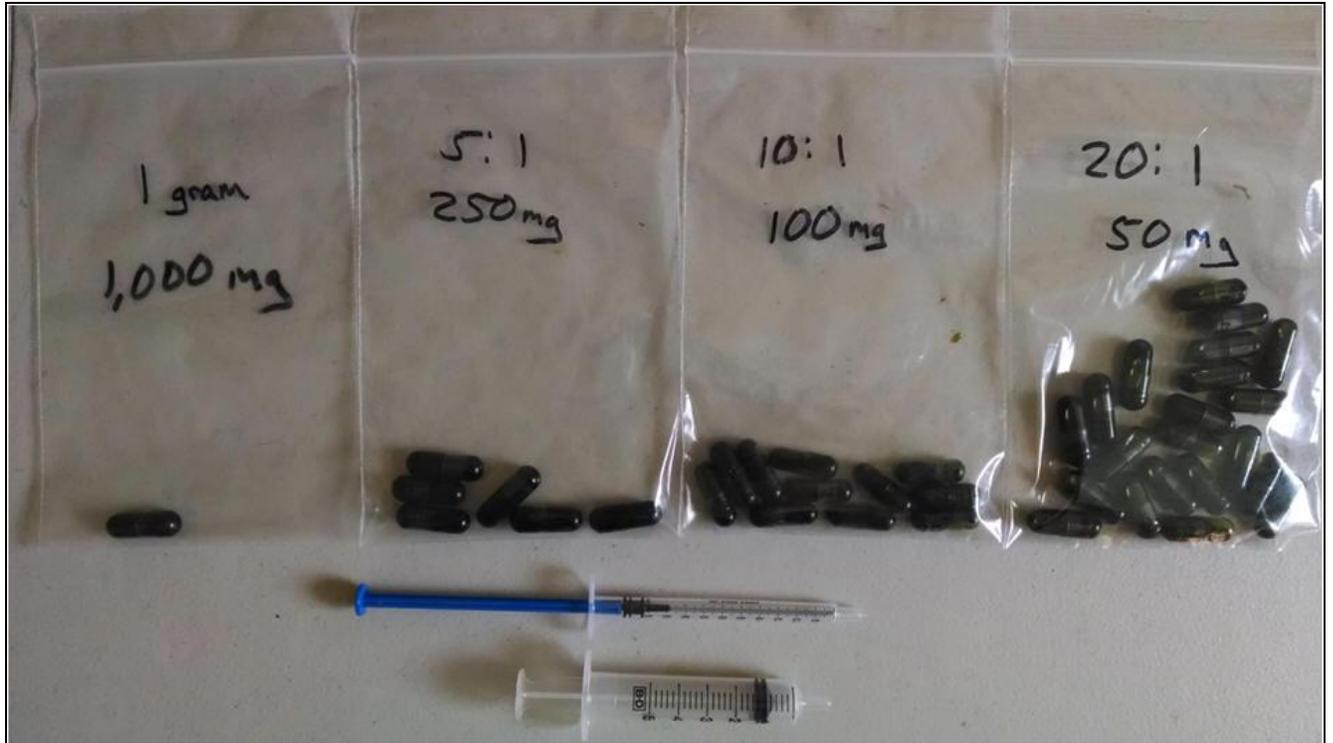
1. Dosage Level One (1:20): Take one capsule and wait 90 minutes. If you don't feel effects take another capsule and wait another 90 minutes. Continue taking capsules to find the level you can tolerate and still feel comfortable.
2. Dosage Level Two (1:10): Mix 10 grams of Coconut Oil to One Gram of Cannabis Extract Oil. Take one capsule daily and work up to 2 capsules daily.
3. Dosage Level Three (1:5): Mix 5 grams of Coconut Oil to One Gram of Cannabis Extract Oil. Take one capsule daily and work up to 2 capsules daily.
4. Dosage level Four (1:1): Mix 1 gram of Coconut Oil to One Gram of Cannabis Extract Oil. Take one capsule daily and work up to 2 capsules daily. We recommend one half dose in the morning and one half dose 2 hours before bed time.
5. Dosage level Five (1:0): Use the Cannabis Extract Oil without mixing or dilution. Increase dosage up to 1-3 grams per day. We recommend one half dose in the morning and one half dose 2 hours before bed time. Gel Caps are used to administer the oil. Gel caps may be found at your local vitamin store. Recommended sizes are as follows:

'0' = ½ gram

'00' = 1 gram

'000' = 1.5 grams

1 ML = 1 CC = 1 Gram



In the photo above, each package is only 1 gram of cannabis oil shown in 1:1, 5:1, 10:1, and 20:1 dilutions. Below the capsules is a 1 gram syringe and a 5 gram syringe. One gram of cannabis oil makes 21 capsules at 20:1

90 gram jars = 1890 caps or close to 6 years of medicine in maintenance mode or 90 days of cancer immersion treatment at one gram per day.

**Recommended Dosage Chart**

Ratio Flax:Cannabis	Dosage/Gram	Units/Gram
	ML/MG	Doses/Gram
120:1	6.25	121
60:01	12.5	61
40:01	25	41
20:01	50	21
10:01	100	11
5:01	200	6
1:01	500	2
0:00	1000	1

# How to Freeze a Cocoa Butter Suppository

By James McElroy, eHow Contributor  
notes in blue by SGG

*Cocoa butter is a common base for suppositories. Pharmacists combine the butter with the active ingredient, or medicine, then form it into cylinders. You can also use cocoa butter in your own home-made suppositories. Freeze your cocoa-butter suppositories on a tray after you form them, so they hold their shape, then keep them in a freezer bag for long-term storage.*

*Cannabis Note: There is no psychoactive reactions when applied in this method. Therefore the dosage is not as critical as an oral dose and may be increased safely. Best applied for liver, rectal and colon cancer, and vaginal issues.*

## Things You'll Need

- 
- Cooking tray
  - Freezer bag
  - Cocoa Butter

## Instructions

Mix your dosage of cannabis oil and cocoa-butter according to your recommendation. 1/2 gram of cannabis oil for every 2 grams of cocoa butter is a good start. We will Make 2 1/2 gram suppositories (make each suppository 2.5 grams total in size). This will provide 1/2 gram cannabis oil per dose.

Since cocoa butter is much more dense than coconut oil you must heat the cocoa butter/cannabis oil mixture together and mix thoroughly. Next let it cool and form the suppositories.

You can gage what a 2.5 gram suppository looks like by using a syringe and drawing up 2.5 grams while the mixture is still warm. Place the warm mixture into a small shot glass or container and refrigerate. Form this into a single suppository. Keep refrigerated. note the size.

- Mix your cocoa-butter and cannabis oil. cool mixture
- Form your cocoa-butter suppositories and place them spaced out on a cooking tray.
- Put the suppositories in the freezer until they have solidified; about an hour will suffice.
- keep them in a freezer bag for long-term storage

## **New! Breaking News...** We have found a way to make our oil water soluble and highly raised the bar of bioavailability

**Cannabis Budwig Protocol - Make your oil 100 times stronger, faster and more effective. Recommended for aggressive, late stage or cases where regular treatment is not working**

### **The Dr. Budwig Protocol and Cannabis**

Initial indications are that the fusion of the Budwig Protocol with Cannabis has the potential to have far greater reach and surprisingly faster and stronger effects than cannabis alone. There is such a dramatic magnification noticed that it makes this procedure so vital to study and to provide more accurate recommendations.

OK, we have not even begun to do our study however I do want to give you my initial analysis or should I say experience. Because of the behavior of the cannabis in the Budwig Protocol we felt we must report what we know at this time.

Cannabis mixed with flaxseed oil and lecithin has an immediate, full on effect. Unlike other oral methods, the mixture begins in a relatively short time of 5 to 30 minutes of onset. Additionally the full dose will be felt all at once. This means that instead of having the cannabis effect build and peak over a several hour period, it builds quickly and peaks all together. The effects are magnified over twice if not more than the usual oral dose. Length of effect is also much longer. The typical effects are usually gone within a few hours or a single day. However with this protocol there are reports of having effects the following day or even for days. There may be residual effects that may linger for hours or days. These residual effects range from drowsiness to hangover if too much is taken.

The effects can be very dramatic and overpowering so use caution and start with lower doses.

As a preventative measure one must calculate the ultimate dosage one can do in a manner of minutes. This dosage will be much smaller than traditional oral dosing.

The advantage to this protocol is that we are able to assist the cannabis in getting to hard to reach affected areas of the human body. Where patients were not "feeling" the effect on 3 grams of traditional dosage, the same patients were almost "frightened" by the effect of 1/2 gram of Budwig Protocol.

**Please use caution and follow recommendations.**

## Preparing Your Proper Dosage

**Caution: Prepare Your Medicine for Dosing - this protocol can escalate the potency and effect of cannabis by several hundred percent. Please use caution in preparing your dose according to our recommendations below. Always dilute the cannabis oil with flax oil before mixing into the recipe. When the recipe calls for cannabis oil, USE THE DILUTED MIXTURE FOR THE CANNABIS OIL. DO NOT USE RAW CANNABIS OIL.**

### Before You Begin - Prepare Your Proper Dose by Diluting the Cannabis Oil Extract

#### What You Will Need:

1 gram Cannabis Oil Extract  
 1 teaspoon 190 Proof Alcohol (dropper full will suffice, use vodka when 190 proof is not available)  
 Flaxseed Oil (non-lignin)  
 10 cc Oral Syringe, 1 gram Oral Syringe

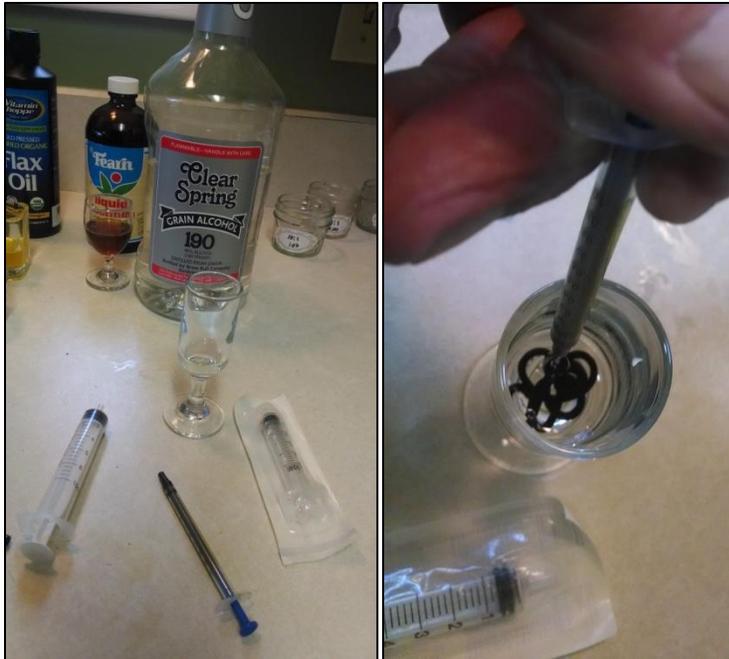


#### Step 1: Thin the Cannabis (1 gram) with 190 proof Alcohol (1/2 Teaspoon)

We will always begin with a single gram of cannabis extract oil. This will allow us to measure dosage accurately. In a clean container add one gram (1 ml) of the pure cannabis extract and one teaspoon of 190 proof grain alcohol. Vodka will work if you can't get 190 proof. We like to preheat the alcohol as warm alcohol helps the oil dissolve. Mix until the cannabis oil is dissolved into the alcohol. This will allow for a more uniform mixture. Note that one gram equals one cc or one ml. Use an oral syringe for all measurements.



one gram syringe



**Step 2. Preparing the Cannabis Oil (Dilution for Dosing)**

Follow the Ratio Chart below. It is always best to start with a low dose and work up to a higher dose. To make a 20:1 you will add 20 parts flax oil to one part cannabis oil. When the Cannabis Budwig recipe calls for one gram of cannabis oil use one gram of the diluted mixture. Note the Units/Gram shows the number of doses per gram of cannabis extract. A 20:1 ratio will make 21 doses.

**Recommended Dosage Chart**

Ratio Flax:Cannabis	Dosage/Gram ML/MG	Units/Gram Doses/Gram
120:1	6.25	121
60:01	12.5	61
40:01	25	41
20:01	50	21
10:01	100	11
5:01	200	6
1:01	500	2
0:00	1000	1

The following example shows the 20:1 mix. Using an oral syringe measure flax oil and place into a clean container with a lid. Do not heat. Mark your container with the appropriate mixture such as 20:1 50mg. You can store the unused mixture in the refrigerator.



In the photos above we are mixing 20 cc or 20 grams of flaxseed oil to one gram of cannabis oil creating a 20:1 or 50 mg dose. The final mix will create 21 doses. I filled the 10cc syringe twice with flaxseed oil and put it into a clean mixing jar.

**Step 3: Mix the Cannabis and Flaxseed Oil**

Add the diluted cannabis/alcohol mix that you prepared in Step 1. Mix until the cannabis oil is dissolved into the flax oil. Do not heat. Mark your container with the appropriate mixture such as 20:1 50mg. You can store the unused mixture in the refrigerator.



Add the Cannabis/Alcohol to Flaxseed Oil according to dosage chart



Cannabis and Flax Concentrate: You will use one gram (1ml) of this mix for each dose.



Store unused mix in refrigerator. The mix will make 21 doses. you are now ready to make your daily doses. Mix can be used for both oral or enema dosing.

Initial indications are that the fusion of the Budwig Protocol with Cannabis has the potential to have far greater reach and surprisingly faster and stronger effects than cannabis alone. There is such a dramatic magnification noticed that it makes this procedure so vital to study and to provide more accurate recommendations. In addition, patient comfort and safety must be recognized along with the therapeutic advancements. In dealing with disease time and effect are the elements. This developing process may have breakthrough results as we have never seen.

What you should know: You may find that you need to reduce dosage on a regular basis as each day the dosage will feel stronger. Also note that this may amplify other prescriptions medications you are using. Keep aware of any side effects of other medications and reduce as needed.

**Please follow Dosing Directions carefully. Always start with low doses and work up.**

**Severe overdose includes nausea, vomiting, and sleep.**

# Making your daily ORAL dose

Cannabis Budiwg Oral Courtesy of [Tony Dudley](https://www.facebook.com/groups/1441491566094406/) <https://www.facebook.com/groups/1441491566094406/>

## What You Will Need:

- 1 gram Cannabis Oil Extract Dilution Mix
- 3 tablespoons Flaxseed Oil (non-lignin)
- 1 tablespoon Liquid Lecithin
- 6 tablespoons Low Fat Cottage Cheese
- Immersion Hand Blender
- 10 cc Oral Syringe

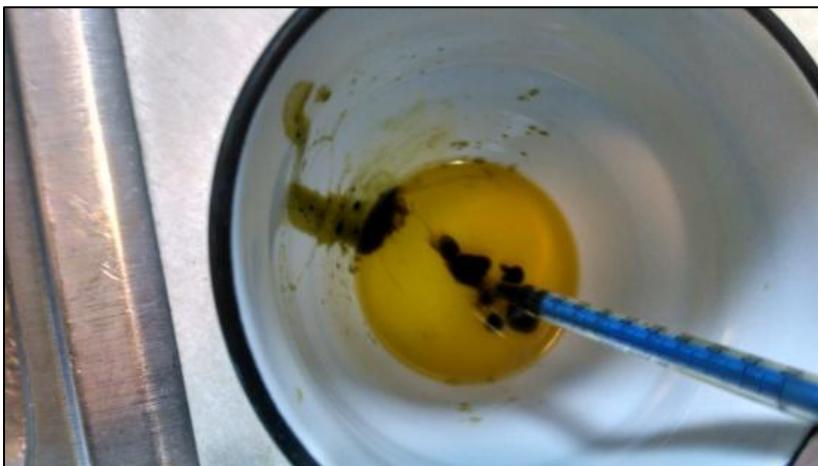
## Step 1: Add Flaxseed Oil (2 Tablespoons)

In a clean mixing container add a minimum of three tablespoons of non lignin flaxseed oil.



## Step 2: Add Cannabis/Flaxseed oil (1 gram)

Add one gram (1ml) of the dilution that you prepared for dosing. In this example it is 20:1



**\*Step 3: Add Lecithin (1 Tablespoon)**

Add one tablespoon of liquid lecithin and mix.

**Tip:** Make sure that all oil mixtures are refrigerated and marinated for twelve to twenty four hours, before you add the low fat cottage cheese.

All Cannabis Oil, Flaxseed Oil and Lecithin Mixtures can BE REFRIGERATED AND FULLY MARINATED FOR TWELVE TO TWENTY FOUR HOURS BEFORE PROCEEDING WITH THE CANNABIS BUDWIG PROTOCOL. (Tip Courtesy of Meredyth Martin)

Do not freeze any oil mixtures. There are no exceptions to this.

Do not use granular lecithin. Granular lecithin does not dissolve easily. Use liquid or powder lecithin instead.



**Step 4: Add Low Fat Cottage Cheese (6 Tablespoons)**

Add a minimum of six heaping tablespoons of Low Fat Cottage Cheese to the mixture. Blend with a hand immersion blender until it is smooth and creamy like Yogurt.

Allow to set for 5 minutes before consumption. Consume entire mix.



You may want to flavor your "yogurt" with strawberries blueberries or bananas. Follow this protocol once daily. Be cautious that you may begin to feel effects within minutes.

## Final Steps

The final step to The Cannabis Budwig mixture is that you can thin it out with water or **fresh carrot and apple juice**, so you can either drink it, or have an easier time swallowing it.

Thinning out The Cannabis Budwig mix with four to eight ounces of fresh carrot apple juice, will greatly improve the taste and allow you to easily drink it.

Drink or eat all of it.

For **sublingual usage**, allow the Cannabis Budwig mixture to stay under the tongue while you **slowly** eat or drink the mixture. **This will also greatly increase bioavailability.**

As your tolerance builds, add another gram of diluted Cannabis Oil to the Cannabis Budwig mix until you reach your threshold.

As you add more diluted Cannabis Oil to the Budwig mix, you will have to add more low fat cottage cheese to maintain the ratio so that all the cannabis flaxseed oil becomes completely water soluble.

As your tolerance continues to build, you may need to add straight non diluted Cannabis Oil to The Cannabis Budwig mix. **Make sure that all oil mixtures are refrigerated and marinated for twelve to twenty four hours** before you add the low fat cottage cheese.

On The Cannabis Budwig Protocol, some people can work up to a gram or more of straight Cannabis Oil added to The Cannabis Budwig mix.

### Observations from The Cannabis Budwig Protocol:

The Cannabis Oil becomes completely water soluble and can easily get to the cells and the cancer cells.

**Marinating** the cannabis oil, lecithin and flaxseed oil mixture **for twelve hours to twenty four hours**, allows the cannabinoids to properly bind to the omega 3 and omega 6 essential fatty acids in the flaxseed oil, before you add the low fat cottage cheese. The marinating method **activates far more cannabinoid receptors and produces a much stronger cannabinoid receptor response.**

The sublingual method, of eating The Cannabis Budwig Mix, **will greatly increase bioavailability.**

The Lecithin easily and quickly goes through the brain barrier. Lecithin is a lipid. The Cannabinoids seem to bind with the Lecithin. This may be the reason for the large increase in potency.

In our early testing, the effects are strong, quick, deep, and long lasting. The Omega 3, in the water soluble Non Lignan Flaxseed Oil, is needed to rebuild, repair and reactivate the endocannabinoid system and the cannabinoid receptors.

The body seems to want to keep the Omega 3 in the blood as long as possible. That's a good thing since it carries the Cannabinoids.

DO NOT USE freshly ground Flaxseeds in The Cannabis Budwig Mix.

The original Budwig Protocol called for freshly grounded Flaxseeds to be added to the Flaxseed oil + low fat cottage cheese. Ground Flaxseeds are a great source of Lecithin.

Ground Flaxseeds are also a big source of water soluble fiber. We don't want water soluble fiber soaking up Cannabinoids and blocking bioavailability of the Cannabinoids to the cells.

We find Lecithin to be a great replacement to the ground flaxseeds in the original Budwig mix. We get the benefits of Lecithin without the Cannabinoid blocking water soluble fiber.

To help control the high from The Cannabis Budwig Protocol, take 3,000 to 5,000 mg of Citicoline one hour before doing The Cannabis Budwig Protocol.

### **Special warnings:**

For The Cannabis Budwig Mix, ***do not*** add less than three tablespoons of non lignan flaxseed oil.

For every one part flaxseed oil, ***you must*** add at least two parts lowfat cottage cheese to make sure that all the oil becomes completely water soluble.

***It is recommended*** that ***all oil mixtures*** are ***refrigerated and marinated, for twelve hours to twenty four hours***, before you add the lowfat cottage cheese.

***Do not*** freeze any oil mixtures. There are no exceptions to this. ***Do not freeze any oil mixtures.***

Do not use granular lecithin. ***Granular lecithin does not dissolve easily.*** Use liquid or powder lecithin instead.

Do not use lignan or high lignan flaxseed oil with The Cannabis Budwig Protocol. Only use non lignan flaxseed oil.

Use only cannabis oil, non lignan flaxseed oil and lecithin. Do not use hemp seed oil or any other fat or oil in The Cannabis Budwig mix.

# Making your daily Enema dose

Cannabis Budwig Enema Courtesy of [Tony Dudley](#)

Note that this procedure may likely cause psychoactive effects and is very fast and strong.

**Caution: Prepare Your Medicine for Dosing - this protocol can escalate the potency and effect of cannabis by several hundred percent. Please use caution in preparing your dose according to our recommendations below. Always dilute the cannabis oil with flax oil before mixing into the recipe. When the recipe calls for cannabis oil, USE THE DILUTED MIXTURE FOR THE CANNABIS OIL. DO NOT USE RAW CANNABIS OIL.**

**Before You Begin - Prepare Your Proper Dose by Diluting the Cannabis Oil Extract as recommended above.**

## What You Will Need:

1 gram Cannabis Oil Extract Dilution Mix according to your dosage  
5 1/2 ounces Flaxseed Oil (non-lignin)  
Enema Bottle

## Step 1: Add Flaxseed Oil (5 1/2 ounces)

In a clean mixing container add 5 1/2 ounces of flaxseed oil.



## Step 2: Add Cannabis/Flaxseed oil (1 gram)

Add one gram (1ml) of the 20:1 dilution that you prepared for dosing.



Mix thoroughly and let stand for 5 minutes. Fill an enema bottle. Enema bottles may be found at the local drug store.



Be cautious that you may begin to feel effects within minutes.

Plan for about an hour treatment. Apply application and lay on one side for 20 to 30 minutes. Turn over onto the other side and lay for another 20-30 minutes. you may immediately feel the effects.

## **Avoiding Fear, Panic and Anxiety using Citicoline**

Anxiety and panic may be felt by some individuals. This feeling can be avoided by taking 5000mg (5 grams) of Citicoline. Do not use capsules, use granular and weigh out 5 grams on a scale. Mix this with water and drink one hour prior to using the cannabis.

Take 3,000 mg to 5,000 mg of Citicoline in powder form, mixed into six ounces of lemon water, one hour before you start The Cannabis Budwig Protocol.

On Citicoline, 5000 mg a day, one hour before taking Cannabis Oil seems to be the best.

A great way to take the fear and panic out of your high. For more information see:

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2824223/>

The Citicoline Brain Injury Treatment (COBRIT) Trial: Design and Methods

### **Important Links**

See our complete oil information at [www.gro4me.com/oil\\_info.htm](http://www.gro4me.com/oil_info.htm)